

7th Morning: 8:30 AM to 12:00 NOON

**International Society for Molecular Nutrition and Therapy Symposium:
Flavanol-Rich Foods - A Strategy for Potentially Preventing Heart Disease
(Sponsored by Mars Incorporated)**

Chairpersons: **Norman K. Hollenberg**, Boston, USA
Heinz Rupp, Marburg, Germany

Speakers:

1. **Howard Sesso**, Boston, USA: *Can flavanol-rich foods reduce risk of cardiovascular disease?*
2. **Harold Schmitz**, Hackettstown, USA: *Dietary flavanols: Their occurrence in foods and potential mechanisms of vascular action*
3. **Norman K. Hollenberg**, Boston, USA: *Nitric oxide synthase: A potential target for dietary flavanols*
4. **Carl Keen**, Davis, USA: *Can flavanol-rich foods enhance cardiovascular health? A clinical trial-based perspective*

COFFEE BREAK

5. **Liz Pearson**, Toronto, Canada: *Flavanol-rich foods and dietary recommendations for a healthy heart*
6. Panel Discussion